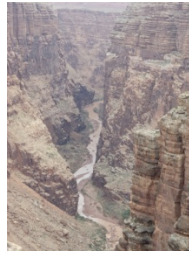


LITTLE COLORADO RIVER GORGE HALF MARATHON & 10K

Little Colorado River Gorge Navajo Tribal Park
February 6, 2016



Yaateeh runners! Welcome to the inaugural Little Colorado River Gorge Half Marathon & 10K

REGISTRATION – Online registration for the LCR Half Marathon and 10K is now open through Thursday, February 4 at the NavajoYES website: www.navajoyes.org There will be on-site registration at the start line at the LCR Park.

LOCATION – The LCR Navajo Tribal Park is located 9.5 miles west of Cameron, Arizona on Hwy 64. There is ample parking at the Park, which includes dramatic overlooks and arts & crafts vendors. There are permanent pit toilets at the Park.

LODGING – Our host hotel is Cameron Trading Post, which is offering \$69/night rooms. Contact Bernetta Jensen at 928.679.2231 for details and to confirm a room. www.camerontradingpost.com

PACKET PICK-UP – Packet pick-up will be available between 8:00-10:00 at the Start Line at LCR Navajo Tribal Park on Saturday morning from 8:00-10:00 a.m. **All races begin at 10:00 a.m. on Saturday.**

BAGGAGE DROP – There will not be a baggage drop, as race parking is at the start/finish line area.

WEATHER – Winter weather in the Cameron/LCR area can vary from wintry to mild. The average high is 58, while the average February low is 27.

COURSE – The half marathon course begins and ends at the LCR Navajo Tribal. The half marathon course will begin with a short loop within the Park out to the rim and onto a local route that heads over 6 ½ miles up to the upper overlook along rugged dirt roads, double-track and trails.

The 10K course begins with the opening .45 mile loop in the Park at the start before heading out to old roadbed for a 5.45 mile out-and-back run before returning to the Park for the final .2 mile. (Course is subject to minor adjustments.)

AWARDS – There are overall and age-group awards in both the half marathon and 10K. Age-groups winners receive awards in the following half marathon and 10K categories: 12-17; 18-29, 30-39, 40-49, 50-59 and 60+. All half marathon finisher's receive a unique LCR finisher's medal.

The LCR Half Marathon and 10K and the Navajo Parks Race Series are organized by the Navajo Nation-based nonprofit organization Y.E.S. for Dine' Bikeyah (NavajoYES), with major support from Navajo Parks & Recreation, Office of Navajo President & Vice President, Navajo United Way, Division of Natural Resources and GU Energy.

CONTACTS

Tom: 928.429.0345

Jim: 608.201.8175

chuskaman@yahoo.com

www.navajoyes.org