

# Pine Springs Mountain Bike Race

*Oak Springs – Antelope Lake – Horseshoe Canyon*



Yaateeh riders!

Welcome to the inaugural **Oak Springs Mountain Bike Race!**

*Saturday, July 15 in Oak Springs, Arizona*

**REGISTRATION** – All registration will be on site on race morning between 8:00-9:00 a.m. Fee is \$30 for adults and \$10 for youth under the age of 18. Registration includes custom water bottle, course support (food/hydration, medical and limited mechanical), post-race food, timing, overall race awards and Road ID certificates for the first 10 riders. All registered riders will have a chance to win door prizes.

**COURSE FOOD** – On-course nutrition will include energy gels, sweet and salty snacks and fresh fruit, along with water and Gatorade. There will also be hearty snacks and drinks at the finish line.

**ROUTES** – Race begins and ends at Oak Springs. It goes on the rough road about 3 miles to the Summit road. And about a mile then it goes to the rough road to Antelope Lake doo turns around and takes the way back to the horseshoe canyon da.

**AWARDS** – There will be race awards for top three male and top three female.

**BIKE EXCHANGE** – The Dine' Bike Project is constantly collecting and refurbishing donated used bikes. Youth and community members who are engaged in community service on trails, gardens, events or other wellness projects will earn a bike for their efforts. We maintain a wide variety of bikes, from children's bikes to BMX to racing bikes, cruisers, touring bikes and mountain bikes.

*The Oak Springs Mountain Bike Race is co-sponsored by the Navajo Nation-based nonprofit organization Y.E.S. for Dine' Bikeyah (Navajo YES) and the Toddy Family*

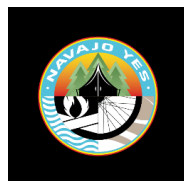
## CONTACTS:

Scott: 505.728.2337

Lindsey: 505.979.2555

Tom: 928.429.0345

[chuskaman@yahoo.com](mailto:chuskaman@yahoo.com)



[www.navajoyes.org](http://www.navajoyes.org)