

TRAIL TOOLS

Personal Protective Equipment (PPEs) & First Aid



The following tools are available for your use on trail projects. These are some of the essential tools that you will need. While you may have some of these in your chapter/park warehouse, others are more trail-specific and can best be found in our supply trailer or online. You can arrange the use of these items by contacting Navajo Nation Parks & Recreation at (928) 871-6647; or e-mail to lsinijinnie@navajonationparks.org or chuskaman@yahoo.com. PPE and First Aid supplies are the responsibility of your team.

Tools

McLeods
Pulaskis
Pick-mattocks
Shovels – spade and square
Loppers
Bow saw
Rock bar
True Temper Superflex 25-tine rake
Pitchfork
5 gallon buckets
8 lb. sledgehammer
Post-hole digger

The chapter or group undertaking a trail project should also consider the appropriate Personal Protective Equipment (PPE) and First Aid Kits and supplies needed for their project.

Personal Protective Equipment (PPE)

Safety Boots (steel/composite toe)
Hard Hats
Safety Glasses (clear and shaded)
Gloves
Ear protection (if needed while using rock bar or sledgehammer to bust up rock)
Sun protection for the head/neck; sun hats or extended brims/bandanas to be used with hard hats

First Aid Kits

One large for the group, individual kits for on-site.
Individual kits should include latex/nitrile gloves, gauze pads, small and large Band-Aids, ibuprofen (if not allergic), Benadryl (for allergic reactions), a vial of alcohol (antiseptic; individual pads tend to dry out and be useless if not replaced frequently), blister pads, sanitary napkins (for major bleeding control), duct tape, tweezers.

A good sharp knife, either clasp, sheath or as part of a Leatherman tool, has a variety of uses, including first aid – for tearing cloth and making splints. In case of emergency: a good form of communication if in remote locations (radios, SPOT device, sat phone).